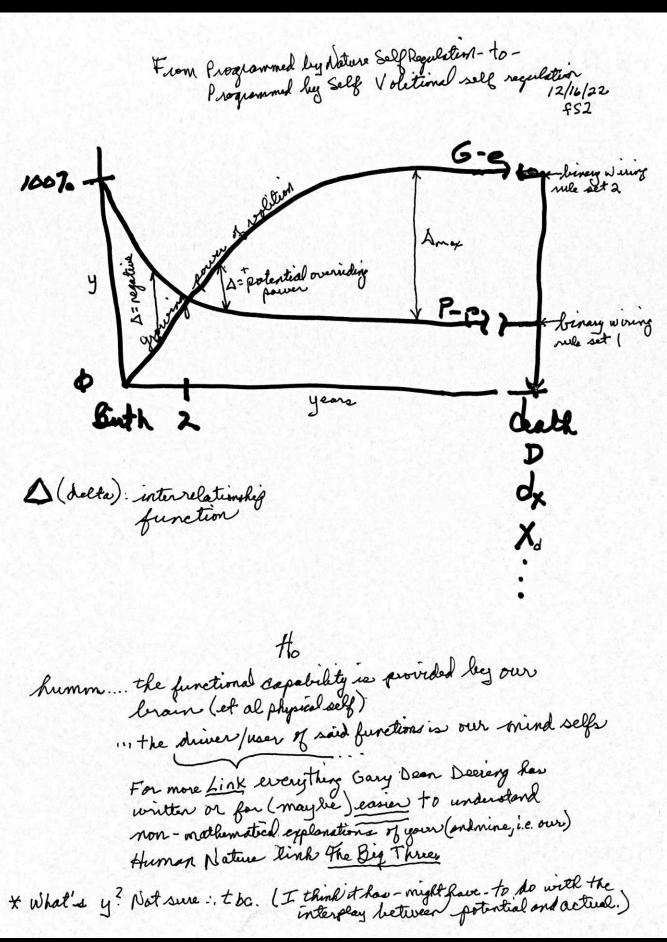
## From Deering's *PsycHHology Engineering Handbook* (release pending): Graphical Representation of PsycHHological Functions



for example, here during my separation years when I was hurting a lot and unable to act for my own pleasure I had an urge once to go into the bar next to the restaurant we (my brother and his friend) were eating at and proposition the prostitute at the bar, process:

- 1) felt pleasure twinger; all bends of help from my significant male friends from my nineteen year old days: "buy hey what a stard", "way to go"... and more self aware images
- 2: Chose to think about it... am I a slave to my pleasures?

  Of course not.

  Don't do it. Didn't do it.

  My authentic self esteem I noticed over the next few days did get a positive hump.